

## Dear West Woods Families,

We are excited to announce that our school community will be participating in the OPEN National Field Day event on **Friday**, **May 8**<sup>th</sup>!

Field Day is an important tradition at our school. It is a significant day for our students, families and staff; and we feel that in these incredibly challenging times this national event is a unique way that we can stay connected as a community and support one another in a fun and meaningful way.

**OPEN** (Online Physical Education Network) is a national public service organization that provides curriculum and training support to more than 90,000 teachers in all 50 states. We will be using their resources and social media network to help us organize our school's participation in #NationalFieldDay.

All #NationalFieldDay events are designed to be done indoors or outdoors using common household items. You won't be asked to purchase any specialized equipment or supplies.

## Here's how it will work:

- Our school is now registered as a participant in this event. Families can choose to register as well, but it's not a requirement.
- The event website is www.openphysed.org/nationalfieldday.
- As a part of registration, we will receive Field Day Friday email updates each week with new resources that I will share with you.
- I, (Mr. Paris) will have these events part of his PE assignment the week of **April 28th -May 1st** for all students.
- You can also find updates via social media using #NationalFieldDay.
- Your family will be asked to choose a minimum of 4 events to complete on Field Day. However, you may complete as many events as you'd like.
- From May 3rd thru 7th, we will follow #NationalFieldDay and watch the Field Day Torch travel across the country in preparation for the main event.
- On May 8th, our entire school will participate in events, complete an official score card, and participate nationally on social media using #NationalFieldDay.

We will continue to send you updates on this fun and festive event. We appreciate your cooperation and are hopeful that your entire family will use it as a fun and meaningful way to be physically active together and with our entire school community.

Stay well, Mr. Paris