

Run with the Wolves 5k/1k

Please run along the shoulder of the road, between the cones and the sidewalk.

5K USAFT Certified Course (Route map below – Route in blue)

START: at West Woods Elementary School on W 72nd Avenue, at the west edge of the NE entrance to the drop off loop.

Go EAST on W 72nd Avenue to Quaker Street

Cross over Quaker Street at the light in the cross walk.

Run South on the shoulder of the Northbound lanes of Quaker Street

Turn Left (East) on West Woods Circle

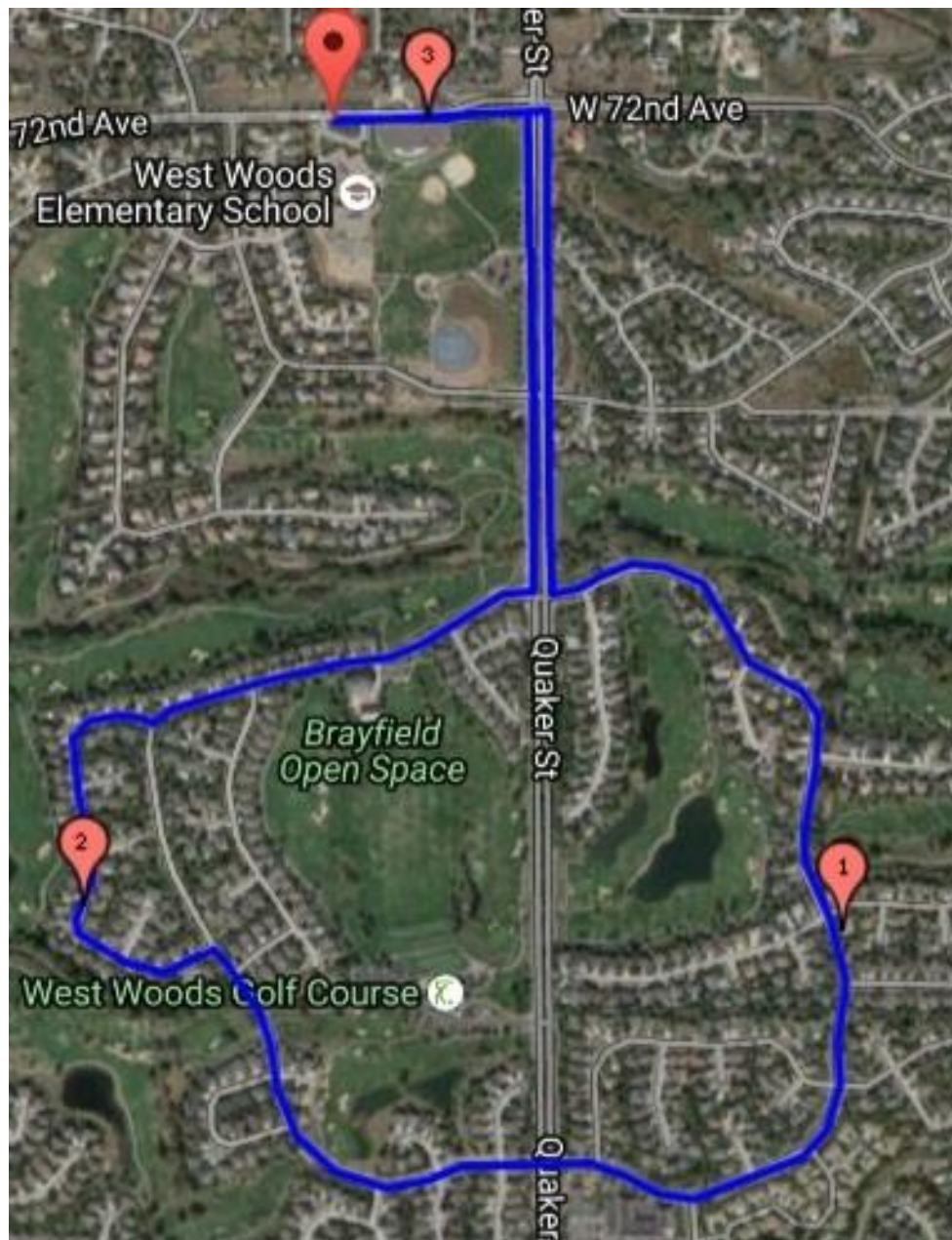
Follow West Woods Circle around and cross over Quaker Street to the West side of West Woods Circle

Turn Left (West) on W 66th Place; which becomes Terry Court and continues on as W 68th Place.

Take a slight Left back onto West Woods Circle.

Turn Left (North) onto Quaker and run North on the shoulder of the Southbound lanes of Quaker Street.

Turn Left (West) on W 72nd Ave and proceed to finish (which is the same location as the start).



1K Fun Run/Walk (Route map below – Route in blue)

From Start line – Face WEST on W 72nd Avenue at the same start location listed above.

Go West on W 72nd Avenue and turn Left immediately onto the sidewalk at the NW property line of the school. (Remainder of route remains on sidewalk until finish)

Follow sidewalk behind school and around to the blacktop.

At marked location, turn Right at sidewalk and continue through playground area.

Continue Right along sidewalk until you near W 70th Ave.

Turn Left at sidewalk and head toward tennis courts.

Turn Left at tennis courts and head toward sidewalk adjacent to “Bear Park” – aka Westwoods Park.

Proceed to far side of playground and then turn Left on to sidewalk heading West toward neighborhood/school.

At school playground edge, turn Right and follow sidewalk back toward the school.

At the north side of the blacktop, turn Left and follow sidewalk behind school back toward the start of the race.

When W 72nd Avenue is reached, turn Right onto W 72nd Avenue and proceed to finish.

